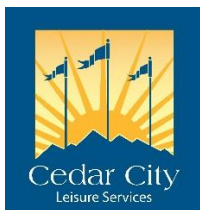


Cedar City Recreation

Adult Women's Volleyball Bylaws



Cost: \$250.00 per team – 12 Matches & Double Elimination Tournament

RULES: National Federation of State High School Association Volleyball rules will be used as the official league rules unless otherwise stated in bylaws. <https://www.nfhs.com/c-249-volleyball.aspx>

Be aware these rules include: playing net serves and the 1st hit may be a double hit.

1. **Team Size:** A team shall consist of six (6) players on the floor. During league play, a team may play with as few as two (2) players. During tournament play, a team must have at least 5 (five) eligible players to begin the match. The five (5) players must be on the roster and have played in at least 40% or 10 league sets before tournament play. Rosters will be limited to Ten (10) players and will be frozen on the week indicated on the season schedule.
 - a. Definition of playing in a set: Consists of playing one full rotation.
2. **Team Names:** Cedar City Recreation is committed to assuring that programs are free from discriminatory, inappropriate, and disrespectful conduct or communication; therefore, we reserve the right to disallow any team name that we feel may be unacceptable due to a racial, religious, sexual, or is otherwise degrading in nature. We ask that all team names, upon submittal, not contain or refer to profanity and/or be racial or sexually explicit in nature. In the event we need to remove a team name we will simply change the schedule to reflect the Coaches last name or provide the opportunity for the team to change their name. In addition, any team wearing a uniform deemed inappropriate by the above guidelines will not be allowed on the field, therefore resulting in a forfeit.
3. **Games:** Each team will play two (2) sets to 25, (a team must win by two (2) points.) Each set will be capped at 27. Rally scoring will be used. This will be considered the 'match'.

- 4. Roster/Waiver:** Rosters/Waiver will be provided at the first match for all players to sign. Players **MUST** sign the official roster/waiver **BEFORE** they play. It is the responsibility of the coach or manager to see that all players sign the roster and know these guidelines.
- a. If a participant is under the age of 18 the roster/waiver must be signed by their parent or guardian.
 - b. Rosters will be limited to ten (10) players and will be frozen on the week indicated on the season schedule. No players may be added after this date. All players on the roster must have played in their 40% of the total league sets prior to the tournament to become eligible for tournament play. Attendance is taken each set each night. If a player has not played in 40% of the league matches they will **NOT** be allowed to play in the league tournament. A coach may ask the supervisor to see the attendance records at any time to verify eligibility and is ultimately responsible to make sure the correct players are marked present for each set.
 - c. The participant whose name is listed on the roster must sign the roster; a teammate cannot sign for another teammate. Offenses to this rule will result in a 2-match suspension of the participant, the person who signed illegally and the team manager.
- 5. Substitutions:** Free substitutions are allowed at any time, providing the ball is dead and the substitution is brought to the attention of the official.
- a. In the past free substitutions have been allowed at any time, if the ball is dead, and you bring it to the attention of the official. We haven't been keeping track of *whom* you go in for, only that you were substituting. This rule was put into place to keep the game moving along and make it easy for teams to substitute players without causing long delays. If we find that your team is abusing the free substitution rule, you will receive ONE (1) warning. The second offense will result in your team forfeiting the match (both sets). An example of abusing the rule would be: I play all the way across the front row, sub out before my turn to serve, and come in on the next rotation on the front row again, not even for the same player I came out for. **THIS IS NOT ACCEPTABLE.** If this happens the rule will need to be changed to follow the High School substitution rule, which means you would have to substitute for the same position and player each time.
 - b. Back Row Players: since we don't penalize teams for playing with less than six (6) players, the one thing we do ask is that the player who is serving is **NOT** allowed to come to the front row and hit or block. (If you happen to be playing with three (3) or four (4) players, it is only one rotation that the server will be considered a back row player and may not hit or block.

- 6. Protests:** Protests must be made to the supervisor at the time of the alleged infraction. (Judgment calls cannot be protested)
- 7. Game Times:** Games are scheduled to be played every 45 minutes, but if a court becomes available, your team should be ready to play early. Each game will count; we will keep standings according to games won/lost, not matches.
- 8. Tournament Ghost Rule:** A loss of a rally/point is awarded each time a vacant position rotates to serve in the right back position, recorded as a regular loss of point. (For tournament only.)
- 9. Regular Season Forfeit Times:** During the regular season, a team will forfeit their first set if they do not have at least two players by five (5) minutes past the scheduled start time. If they do not have at least two players by ten (10) minutes after the scheduled start time, they forfeit both sets.
- 10. Tournament Forfeit Times:** During the tournament, a team will forfeit their first set if they do not have at least five players by five (5) minutes past the scheduled start time. If they do not have at least five players by ten (10) minutes after the scheduled start time, they forfeit both sets.
- 11. Tournament Format:** A regular “match” will be played (2 out of 3 games, rally scoring). If a 3rd game is played, rally scoring will also be used, but to 15 instead of 25, with a scoring ‘cap’ of 17.
- 12. Tournament Play:** To be eligible for tournament play, players must have played in a minimum of 40% of league sets. For instance, if you are scheduled for twelve (12) league matches, to become eligible for the tournament you must have PLAYED in 10 league sets. All players need to be on the roster with a signature at time of registration. Rosters will be frozen, and no players will be added after the night indicated on the schedule.
- 13. Tournament Seedings:** Tournament bracket will be seeded from the standing in regular season play. A tie breaker in season standings will be determined by
 1. Head to head between the tied teams
 2. Point differential between the tied teams
 3. Tied teams record against the highest seed opponent
 4. Coin Flip
- 14. Tournament Players:** Teams cannot play with less than five players in tournament play. Even if the other team agrees.

- 15. Transfer of Teams:** Players are not allowed to transfer from one team to another within the same night of a league. Players sign one roster and play with one team. You may not substitute for a team who doesn't have enough players. Even if the other team agrees to it. It is NOT legal and is NOT allowed.
- 16. Supervisors:** Paula Burgoyne Jenson will be supervising the league. If you have any questions about anything feel free to contact her. Also, if there are times when you can see that assistance in setting up nets is needed; your help is welcomed and appreciated. We need to start as close to 6:00 pm as possible to stay on time.
- 17. Gyms & Equipment:** Please be respectful of the gyms by staying off the playing floor with "outside" shoes. *Please DO NOT* let your children climb on the bleachers or play in the hallways unsupervised! Please help gather the volleyballs after your team warms up. Do not let children play with Cedar Recreation balls.
- 18. Honor System/Team Responsibilities:** As most of you are probably aware, each team and individuals are responsible for calling touches, net violations, and balls that go out of bounds. This system has been in use and has been working for 20 years. If this system fails, we will need to increase the league fees to add another official.
- 19. Code of Conduct:** Cedar City Recreation has Code of Conduct that each participant in the Cedar Recreation Adult Volleyball league is expected to follow. The Code of Conduct is posted online at cedarcity.org. It covers everything from fighting, drinking, attacking an official, to the use of inappropriate language and more. It is the responsibility of the team manager/coach to make sure each participant on their team is aware of the Code of Conduct.

